



FACTS ABOUT GUMMI KING™ VITAMINS

Ingredient List

A vitamin is only as good as its ingredients.

And the ones we use are as good as they come. Not only do we use the most essential vitamins and minerals in our vitamins, we also make sure they're used in the right amounts. Nutrition is a matter of balance.

Vitamin A

Important in helping form and maintain healthy skin, eyes, teeth, gums, hair, mucous membranes and glands. Essential for normal growth in children and resisting infectious diseases.

Vitamin B1

Aids in energy utilization from food by promoting proper carbohydrate metabolism. Necessary for proper functioning of the nervous system and muscles.

Vitamin B2

Assists energy utilization from food, and helps the formation of red blood cells and functioning of the nervous system.

Vitamin B3

Used in the process of releasing energy from carbohydrates; needed to form fat from carbohydrates.

Vitamin B5 Pantothenic Acid

Important for breaking foods down into substances the body can use as well as the creation of hormones.

Vitamin B6

Critical in protein and carbohydrate absorption and metabolism. Necessary for proper functioning of the nervous and immune systems.

Vitamin B12

Helps form red blood cells and build vital genetic material for the cell nucleus. Important for the function of all body cells, especially nerve, red blood and brain cells.

Vitamin C

Essential for healthy teeth, gums and bones. Important in the formation of the protein collagen, which helps support body structures such as skin, bones and tendons.

Vitamin D

Necessary for strong bones and normal growth in children. Helps a body maintain blood levels of phosphorus and calcium.

Vitamin E

Necessary for the formation of normal red blood cells, muscle and tissue and for the immune function.

Folic Acid

Essential for DNA synthesis and normal replication and growth of cells.

Biotin

Helps process foods into glucose energy that cells use. Also critical for fat production and synthesis of fatty acids.

Calcium Tricalcium Phosphate

Helps build and maintain strong teeth and bones; also helps reduce risk of osteoporosis and aids in blood clotting.



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Phosphorus Tricalcium Phosphate

Helps maintain teeth and bones. Essential in muscle and nerve functions and in the release of energy.

Iodine (Potassium iodide)

Necessary for the production of hormones.

Magnesium (Magnesium citrate)

Maintains proper levels of calcium and potassium. Critical for many vital enzyme reactions.

Zinc (Zinc citrate)

Part of several vital hormones including insulin.

Choline (choline bitartrate)

Protects against damage to cells by oxidation.

Inositol

Required for proper formation of cell membranes. Affects nerve transmission and helps transport fats within the body.

Black Carrot Juice Concentrate (Anthocyanine Carrot)

The raw material of turnup juice and salgam juice.

Sugar

A sweetener that is both great tasting and healthier.

Oat Fiber

A proper diet needs fiber to help regulate blood glucose levels, aid in lowering cholesterol, and eliminating toxins. Oat fiber helps do this and actually contains more soluble fiber than oats or even oat bran.

Tomato

Carrot

Cabbage

Cauliflower (Brassica oleracea)

Cauliflower is an ideal food: low in fat, high in fiber and other ingredients including Vitamin C

Papaya

Because of its deliciously sweet taste, the papaya was actually called the "fruit of the angels" by Christopher Columbus. Not only is it delicious, papaya also contains papain—an enzyme that helps digest protein.

Kale

Purple Berry Concentrate

Turmeric

A flowering plant in the ginger family, Turmeric is not only commonly used as a spice, it is also used to give a pleasant yellow color to certain foods and sauces.